Stockholms universitet

Professional development course 2 UL2 Flex (correspondent to 4,5 credits)

Semester: Spring 2026

UL2 Flex is a professional development course in higher education teaching and learning. This course is aimed at university teachers from all disciplinary areas who have previously completed a teaching and learning course, UL1 or equivalent, and work at either Stockholm University, KTH or Karolinska Institutet. The course requires three weeks full time studies, and is equivalent to 4.5 credits in higher education.

Participants are also expected to have educational responsibilities in addition to their own teaching, for example being responsible for a module/unit, course, or programme.

UL2 Flex is designed to offer flexibility and opportunity to learn about an area of teaching-learning of the participant's choice. Participants who study one in-depth level professional development course of two weeks in parallel, or in sequence with UL2 Flex will, together with a basic course of five weeks, meet the ten weeks course requirement for academic career advancement at Universities. Each course is examined separately and separate certificates are issued.

Participants who fulfil all course requirements are entitled to a course certificate.

Courses at the Centre for the Advancement of University Teaching (CeUL) are designed to strengthen the basic pedagogical competence required for academic teacher positions. Courses offered by CeUL are aligned with SUHF's, the Association of Swedish Higher Education Institutions, national goals and recommendations regarding teaching competence. The courses are based on research on higher education pedagogy and discipline-based education research, as well as, collegial exchange of experience.

Aim and intended learning outcomes

This course aims for participants to develop their scholarly approach to teaching-learning and explore educational issues relevant in their practices, for example subject-specific pedagogical issues. Participants are expected to apply theory and research in the field of

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higher education pedagogy/teaching-learning to suggest, communicate and reflect on how their educational practices may be developed.

Upon completion of the course, participants are expected to be able to:

- Identify and explore educational issues relevant for their own teaching and learning practices, using theory and research and own and others' experiences.
- Utilize and analyse own and others' experiences of teaching and learning within their subject or context.
- Propose and communicate possible educational development based on the result of exploring own teaching and learning practices and supported by choice of relevant literature.

Content and course activities

UL2 Flex is an individually conducted project course which means that the participants' main work is on the exploration of their own teaching and learning practices and application of literature to suggest educational development. The course is designed to support participants with structure and in identifying areas of interest to conduct an individual educational project, and to engage in peer-feedback together with course colleagues. In that way, participants are introduced to work in a scholarly way in their academic teaching (Scholarship of Teaching and Learning) with emphasis on continuous development of teaching and learning informed by literature and other's experiences.

The course includes three obligatory course meetings; two full days on-campus, and two online seminars. In between course meetings, participants are offered group supervision and expected to conduct peer-reviews to learn from and help each other develop their projects further.

Obligatory activities and attendance

Participation in all course meetings is mandatory. The participants' learning outcomes are examined through the submission and oral presentation of an individual report. Participants are also expected to engage in peer-feedback delivered during course seminars.

Participants who complete and pass the course assignment and fulfil all other course requirements will be entitled to a certificate. Course assignments are expected to be completed by participants without undue assistance from generative AI.

Participants with disabilities may request adapted course assignments if needed, in consultation with the course responsible well in advance of the course start.

Literature

Course participants are expected to search for and make use of literature and information resources relevant for their individual projects.

In addition, the course offers suggested reading and resources regarding University teachers' scholarly approach to teaching and learning (Akademiskt lärarskap). These resources are not mandatory and therefore texts and other possible resources will be announced at the beginning of, or during the course.

Course leader/s

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