Psykologiska institutionen
Stockholms universitet

PSYCHOLOGY II
VT 2025

COURSE LITERATURE

ADULT DEVELOPMENT 7,5 HP

REQUIRED BOOKS

Either of the editions of the course textbook by Whitbourne (7th or 6th edition) below are acceptable to use in this course:

Whitbourne, S. K., & Whitbourne, S. B., (2020, July) *Adult Development and Aging, 7th Edition*, EMEA Edition. ISBN: 978-1-119-66745-2

Whitbourne, S. K., & Whitbourne, S. B., (2019, March) *Adult Development and Aging, 6th Edition*, EMEA Edition. ISBN: 978-1-119-58991-4

Chapters on Identity and Personality (in course schedule abbreviation is LFW & K)

*Ferrer-Wreder, L. & Kroger, J. (2019). Identity in adolescence: The balance between self and other (4th edition). London, England: Routledge. DOI: https://doi.org/10.4324/9781315165806

**An electronic edition of this book is available for free via the Stockholm University library's website; to find the book, put the book's title in the library main search field in quotation marks i.e., "identity in adolescence." For this course we will read chapters 4 and 8.*

REQUIRED JOURNAL ARTICLES

All articles are available via Athena

Required articles on emerging adulthood

Arnett, J. J. (2000). Emerging adulthood. A theory of development from the late teens through the twenties. *American Psychologist*, *55*(5), 469-480.

Côté, J., & Bynner, J.M. (2008). Changes in the transition to adulthood in the UK and Canada: The role of structure and agency in emerging adulthood. *Journal of Youth Studies*, *11*(3), 251-268.

Required articles on identity and personality development

Mitchell, L. L., Adler, J. M., Carlsson, J., Eriksson, P. L., & Syed, M. (2021). A conceptual review of identity integration across adulthood. *Developmental Psychology*, *57*(11), 1981.

McAdams, D. P. (2015). Three lines of personality development. *European Psychologist*.

Required chapter on attachment

Granqvist, P., & Kirkpatrick, L. A. (2013). Attachment and Religious Representations and Behavior. *This is a chapter available in Athena.*

Required articles on successful aging

Rowe, J.W., & Kahn, R.L. (1997). Successful aging. *The Gerontologist, 37*, 433-440.

Rowe, J. W., & Kahn, R. L. (2015). Successful aging 2.0: Conceptual expansions for the 21st century. *The Journals of Gerontology: Series B: Psychological Sciences and Social Sciences, 70B*(4), 593-596. doi:http://dx.doi.org/10.1093/geronb/gbv025

Torres, S. (2006). Different ways of understanding the construct of successful aging: Iranian immigrants speak about what aging well means to them. *Journal of Cross-Cultural Gerontology, 21*(1-2), 1-23.

OPTIONAL READINGS – NOT REQUIRED BUT HELPFUL FOR

CASE STUDY ASSIGNMENT

****All readings listed below are available via PsychInfo (ProQuest) database from the Stockholm University library's website***

Optional Readings on Emerging Adulthood

Arnett, J. J. (2007) Emerging adulthood: What is it, and what is it good for? *Child Development Perspectives, 1,* 68 -73.

Côté, J. E. (2014). The dangerous myth of emerging adulthood: An evidence-based critique of a flawed developmental theory. *Applied Developmental Science, 18,* 177–188.

Padilla-Walker, L. M. & Nelson, L. J. (2017). (Eds.), *Flourishing in emerging adulthood: Positive development during the third decade of life*. New York, NY: Oxford University Press.

Swanson, J. A. (2016). Trends in literature about emerging adulthood: Review of empirical studies. *Emerging Adulthood, 4*(6), 391-402. doi: http://dx.doi.org.ezp.sub.su.se/10.1177/2167696816630468

Optional Readings on Midlife

Freund, A. M., & Ritter, J. O. (2009). Midlife crisis: A debate. *Gerontology, 55*(5), 582-591. doi:http://dx.doi.org.ezp.sub.su.se/10.1159/000227322

Jen, S. (2018). Sexuality of midlife and older women: A review of theory use. *Journal of Women & Aging, 30*(3), 204-226. doi:http://dx.doi.org.ezp.sub.su.se/10.1080/08952841.2017.1295680

Lachman, M. E. (2004). Development in Midlife. *Annual Review of Psychology, 55*, 305-31. doi:http://dx.doi.org.ezp.sub.su.se/10.1146/annurev.psych.55.090902.141521

Lachman, M. E. (2015). Mind the gap in the middle: A call to study midlife. *Research in Human Development, 12*(3-4), 327-334. doi: http://dx.doi.org.ezp.sub.su.se/10.1080/15427609.2015.1068048

Optional Readings on Successful Aging

Baltes, P.B. (1997). On the incomplete architecture of human ontogeny: Selection, optimization, and compensation as foundations of developmental theory. *American Psychologist, 52,* 366-380.

Bowling, A., & Dieppe, P. (2005). What is successful ageing and who should define it?. *BMJ, 331*(7531), 1548-1551.

Martin, P., Kelly, N., Kahana, B., Kahana, E., Willcox, B. J., Willcox, D. C., & Poon, L. W. (2015). Defining successful aging: A tangible or elusive concept? *The Gerontologist, 55*, 14-25. doi: http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu044

Martinson, M., & Berridge, C. (2015). Successful aging and its discontents: A systematic review of the social gerontology literature. *The Gerontologist, 55*, 58-69. doi:http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu037

Urtamo, A., Jyväkorpi, S.K., & Strandberg, T.E. (2019). Definitions of successful ageing: a brief review of a multidimensional concept. *Acta Bio Medica: Atenei Parmensis*, *90*(2), 359.

Whitley, E., Benzeval, M., Popham, F. (2020). Population priorities for successful aging: a randomized vignette experiment. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences, 75*, 293-302. doi: 10.1093/geronb/gby060