COURSE SYLLABUS

PS2VUX ADULT DEVELOPMENT 7,5 HP

COURSE MANAGEMENT

Eric Pakulak, Ph.D., Associate Professor, and Hui-Xin Wang, Ph.D., Professor, Department of Psychology, SU, as course co-leaders:
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Language in the Course and Exam

Lectures, seminars, and course readings will be in English. Students can complete all written course work in either Swedish or English.

Course Literature

Required and optional readings are detailed in a separate document available on Athena.

Course Schedule

Please see TimeEdit for the updated course schedule.

Course Assignments

The final exam will be an in-person written exam (salstenta). The exam is comprehensive and in multiple-choice and short essay format, with a focus on Content Knowledge learning objectives as described below. Students will earn a letter grade for the final exam, and this will be the basis for the final course grade once other course requirements have been satisfied. More details about the exam and grading criteria will be provided in a separate document that will be available on Athena before the course begins.

There are two other compulsory course requirements that reflect the course learning objectives described below: the **question and answer (QA) seminar presentation** and **group case study project**. These assignments are pass/no-pass and are described in more detail in the document Assignment Instructions, available on Athena.

Contents

This course deals with the fundamentals of adult development and aging. Adult development and aging are viewed from the intersection of biological, cognitive andsocial factors. Students will critically examine traditional and contemporary theories and research on adult development and aging. The course should provide a basis for psychological practice by providing a better understanding of, and greater ability to meet adults at different stages in their lives. The course also includes an element of training in interviewing, involving both theoretical and applied aspects.

COURSE AIMS

LEARNING OUTCOMES	TEACHING AND LEARNING ACTIVITIES	ASSESSMENT
Content Knowledge Objectives After completing the course, students will be able to: **explain and critically** evaluate the scientific basis and key concepts related to the transition to adulthood, as well as changes in adult cognition, personality, socio-emotional development and the family, as well as other relationships. Students will be able to explain why individual differences appear and cultural patterns emerge in the main areas of adult development. Students will also be able to **explain and critically reflect on** the concept of aging from a developmental perspective.	Commonly used, in class teaching and learning activities may include: the use of conceptual maps, participation in breakout groups and discussion of intended learning outcomes	**Comprehensive Exam** The exam will be on the content knowledge objectives (See Grading Criteria document for additional details)
Skills-Based Objectives Students will be able to apply case study or interview methodology in order to illustrate aspects of adult development. Students will be able to use general interviewing skills, and will be able to reflect on theuse of such skills in professional practice.	Activities here include seminars that involve student presentation of key developmental content knowledge related to the group assignment and peer feedback Activities here include the implementation of and reflection on a series of student-led individual interviews.	**Case Study** ***Students will work in groups*** to analyze a case study of an adult. Students will explain and apply (to the case study) key aspects of developmental content knowledge. (Seeinstructions for seminar in Athena) **Interview** See Interview Module Description for more details.